



Restored by Touch

Massage and Wellness Gifts of Relief

Science Based Precision and Family style Care

- **Relieve:** headaches, TMJ issues, plantar fasciitis, FMS, depression, & more
- **Gain:** muscle and bone health, calm, energy, flexibility, circulation, immunity, awareness, & more
- **Consistently realizing client goals**
- **Advanced skills:** trigger point and myofascial release, Active Isolated Stretching
- **Holistic care - lifestyle coaching influences muscle health**
- **Chair massage / lunch & learn**
- **Sounds—nature, instrumental hymns, Spa**

407-610-7435 ♦ RestoredbyTouch.com

MM26405

Altamonte Medical Center
106 Boston Ave, Ste 203
Altamonte Springs, FL 32701



Buy One Gift Certificate; Get Three

Share the Joy of relief and relaxation!
Massage Gift Certificate Package



*Featuring Restored by Touch in
Altamonte Springs*

- Pay \$105 for 3 one-hour relaxation massages.
- The amount paid never expires.
- Use up to two personally.
- Share one or all three.
- Local residents only.
- One per gift recipient.
- Offer ending soon.
- By appointment only.
- Restrictions apply.



Experience the difference advanced skills
can make and share the joy!